

The holidays are  
challenging when you're  
grieving a loss.



GriefShare

## Surviving the *Holidays*

provides encouragement, support, and valuable  
tools to navigate the season.

**Join us for this 2-hour seminar**

<b>Location</b>	<b>Date &amp; time</b>	<b>Contact info</b>
Trinity Lutheran Church 323 Scott St. Monroe, MI 48161	Thursday, Nov. 9, 6:00— 8:00 p.m. OR Sunday, Nov. 12, 1:00- 3:00pm	Kate Longenbarger Gabby's Grief Center 734-242-8773

[griefshare.org/holidays](http://griefshare.org/holidays)