CLINICAL INTEGRATION RESOURCE GUIDE

SOCIAL DETERMINANTS OF HEALTH

Monroe County
ProMedica Health System

This resource list is **not** exhaustive and the information contained herein, including program information and eligibility criteria, is subject to change without notice. ProMedica does not recommend nor endorse any specific company, agency, or organization listed.

TABLE OF CONTENTS

GENERAL RESOURCES AND PHONE NUMBERS	4
BEHAVIORAL HEALTH SERVICES	6
FOOD AND MEAL RESOURCES	9
HOUSING ASSISTANCE	13
LEGAL SERVICES	19
MEDICARE/MEDICAID/INSURANCE	21
MEDICATION ASSISTANCE	23
MEDICAL and DENTAL CLINICS	25
TRANSPORTATION ASSISTANCE	27
SAFETY SERVICES	30
RENT/MORTGAGE ASSISTANCE	33
UTILITY AND WEATHERIZATION ASSISTANCE	34
CHILD CARE ASSISTANCE	37
EDUCATIONAL ASSISTANCE	40
EMPLOYMENT ASSISTANCE	43
FINANCIAL MANAGEMENT	44
SUBSTANCE ABUSE: ALCOHOL AND DRUG TREATMENT	46
FURNITURE, APPLIANCES & CLOTHING	49



General Resources

Monroe County

GENERAL RESOURCES AND PHONE NUMBERS

United Way 216 N. Monroe St. Monroe, MI 48162 Dial 2-1-1 734-242-1331

http://unitedwaymlc.org/Home

• Information and referral for community resources, including financial assistance

Monroe County Department of Health and Human Services

734-243-7200

903 S. Telegraph Rd, Suite A Monroe, MI 48161 https://www.michigan.gov/mdhhs/

 Services include cash assistance, food stamps, medical coverage for qualifying children and adults, energy assistance programs, WIC, and protective services for children and adults age 60 and older

Monroe County Commission on Aging

734-240-3290

965 S. Raisinville Road Monroe, MI 48161 https://www.co.monroe.mi.us/

 Resource lists for the following services: elder abuse/neglect, adult day services, caregiver resources, clothing/household good, counseling and support groups, housing, healthcare/ Medicare, legal services, durable medical equipment loans, food, and transportation

Area Agency on Aging 1-B

29100 Northwestern Hwy. Suite 400 Southfield, MI 48034

734-241-2012 800-852-7795 https://aaa1b.org/

- Serves people age 60+ living in Southeastern Michigan
- Provides information and referral and resource advocacy
- Services include home delivered meals, caregiver respite, senior transportation, MI waiver program, health insurance help, and many other support services.
- Provides long-term care ombudsman and education on elder abuse prevention.

Social Security Administration

800-772-1213

1300 S. Telegraph Rd Monroe. MI 48161

https://www.ssa.gov/

• Handles federal programs such as retirement, SSI, Medicare, and disability benefits



Behavioral Health

Monroe County

BEHAVIORAL HEALTH SERVICES

Monroe County Mental Health Authority 1001 S. Raisinville Rd. Monroe. MI 48161 734-243-7340 800-886-7340 www.monroecmha.org

- Serves individuals with Medicaid, those enrolled in MIChild program, or those with no insurance and who cannot pay for services. They may take other insurance, but it is not guaranteed
- Adult services include: Assertive Community Treatment (ACT), complete psychiatric
 assessments including medication, assistive technology, Clubhouse Programs, inpatient
 services at local hospitals, Community Living Supports (CLS), crisis intervention, crisis
 residential services, environment modifications, fiscal intermediary services, substance abuse
 therapy including medication and detox
- Youth and Family services include: family support and training, home-based services for children and families, psychiatric medication
- Can provide a peer specialist that can help clients with housing, food, clothing, socialization, and other support

ProMedica Monroe Behavioral Health

Professional Office Building, Suite 200 730 N. Macomb Street Monroe, MI 48162 734-240-1760- Outpatient 734-240-5350- Inpatient

- Outpatient counseling and mental health therapy for individuals, couples, and families.
 Services are provided by a licensed social worker, psychologist, or psychiatrist and include stress management, self-help groups, medication management, and chemical dependency counseling
- Inpatient Psychiatric Treatment provides a multidisciplinary treatment approach for crisis management

Catholic Charities of Southeast Michigan

734-240-3850 https://ccsem.org/behavioral-health-counseling/

25 South Monroe St., Suite 205 Monroe, MI 48161

• Licensed clinicians provide services to children, teens, adults, and families regardless of age, race, religion, or economic status

- Sliding fee scale for those without insurance
- Services include: mental health and substance abuse counseling, support groups and group therapy, women's specialty services, and case management

Self and Family Behavioral Healthcare, LLC.

734-586-0031

7521 N. Telegraph Rd, Suite 1 Newport, MI 48166 www.selfandfamily.com

 Counseling support and psychological assessments for children, teens, adults, families, and seniors. Family counseling, marriage counseling, and couples counseling is available. Testing available for ADD/ADHD, dementia/Alzheimer's, and disability paperwork

Family Counseling and Shelter Services

14930 La Plaisance Rd, Suite 106 Monroe, MI 48161

734-241-0180 http://www.fcssmc.org/index.php

- Individual, family, and group therapy
- Services include: art therapy, domestic violence counseling, play therapy for children, anger management, parenting group, support groups, couples' therapy, grief therapy
- Sliding fee scale for those without insurance.

Gabby's Grief Center

734-242-8773

431 E. Elm Ave. Monroe, MI 48162 https://gabbysgriefcenter.org/

- A variety of support groups for all ages: Gabby's Ladder for children and families experiencing loss, Gabby's Young Adult groups, and Gabby's Adults groups for Alzheimer's/caregiver support, drug/alcohol support, suicide support, men's group, and widowhood support
- Other services include: grief counseling, suicide/depression programs for school-aged people, and community education and school support services
- There is no charge for services

Christian Care Connection, LLC.

https://www.christiancareconnection.com/

 Lambertville Office
 Dundee Office
 Blissfield Office

 6530 Secor Rd
 405 W. Monroe St
 306 E. Jefferson St

 Lambertville, MI 48144
 Dundee, MI 48131
 Blissfield, MI 49228

 734-854-7061
 734-854-7061
 517-486-4005

- Counseling services include: grief/loss, depression, anxiety/panic, marriage/divorce and relationship, substance abuse, PTSD, and parenting
- · Services available for children and adults
- Accept private insurance only, no Medicaid or Medicare

Human Potential Center, LLC.

734-241-7478

22 W. 2nd Street Monroe, MI 48161 https://humanpotentialcenterllc.net/

- Individual (children, teens, adults), group, couple, and family counseling services, as well as different types of psychological assessments. Also offer in-home therapy
- Specialize in: school problems/teen and children issues, anxiety/depression treatment, anger management, domestic abuse, trauma, sleep disorders, parenting, and grief
- Group therapy for children dealing with divorce, teens, and military family needs
- Accept private insurance, Medicare, and some Medicaid (Meridian)

Bedford Behavioral Health

734-807-0162

8336 Monroe Rd, Room 120 Lambertville, MI 48144 http://bedfordbehavioral.com/

- Counseling services include anger management, couples, parenting, divorce, grief, Christian, and domestic violence. Individual (children, teens, adults), couple, and family counseling available
- Accepts private pay and insurance, depending on the counselor



Food Assistance

Monroe County

FOOD AND MEAL SERVICES

Food Stamps - SNAP

https://www.fns.usda.gov/snap/eligibility

- Households whose gross monthly income is within 130% of the federal poverty level whose resources do not exceed \$2,250 (or \$3500 if at least one household member is age 60 or older, or is disabled). The primary home is not considered as a countable resource but a vehicle may, depending on its value. Resources of SSI or OWF are excluded. Most retirement plans are not counted.
- Apply online through MI Bridges portal on the Department of Health and Human Services website.
- As of Oct 1, 2018, all SNAP recipients must meet a 20 hour/week minimum work requirement.
 This may be waived if you are receiving SSDI, SSI, retirement benefits, or reside in a household with a child under age 18.

2020 Income Eligibility

Household Size	Gross Monthly Income	Maximum Monthly Allotment
1	\$1,354	\$194
2	\$1,832	\$355
3	\$2,311	\$509
4	\$2,790	\$646
5	\$3,269	\$768
Add'l Family Member	+\$479	+\$146

Monroe County Opportunity Program

1140 S. Telegraph Rd. Monroe, MI 48161

734-241-2775, ext. 222

https://monroecountyop.org/

Commodity Supplemental Food Program:

This program offers food to seniors over 60 years of age

Emergency Food Assistance Program (TEFAP)

Supplies food on a quarterly basis at six locations throughout Monroe County. Contact MCOP with locations and times.

Emergency Food Box

This program is a one-time emergency offering for low-income residents.

Mobile Food Pantry

This program provides food throughout Monroe County monthly. The location changes every month. Please contact 734-242-9453 for more information.

FOOD PANTRIES

Second Missionary Baptist Church

501 Clark St. Monroe, MI 48161 734-241-8611

St. Joseph's Catholic

937 E. Third St. Monroe, MI 48161 734-241-9590

Victory Temple Church of God

832 S. Roessler St Monroe, MI 48161 734-242-5075

The Salvation Army

815 E. First St. Monroe, MI 48161 734-241-0440

N. Monroe Church of God Mt. Assembly

2393 North Monroe St. Monroe, MI 48161 734-241-1590

St. Anne's Catholic

2420 N. Dixie Hwy Monroe, MI 48162 734-289-2910

Good Neighbor Food Pantry

8212 N. Telegraph Rd. Newport, MI 48166 734-497-0826

Our Lady of Mount Carmel

8330 Lewis Ave. Temperance, MI 48182 734-847-0826 St. Anthony Padua Church

4605 St. Anthony Rd. Temperance, MI 48182

734-854-1143

St. Michael's Lutheran Church

5790 W Temperance Rd. Ottawa Lake, MI 49267

734-856-2944

Zion United Methodist Church

1607 Yargerville Rd La Salle, MI 48145 734-243-5940

Knights of Columbus

9758 Dixie Hwy Erie, MI 48133 734-848-8000

Luna Pier Baptist Church

4265 Luna Pier Rd Luna Pier, MI 48157 734-848-4611

<u>Dundee United Methodist Church</u>

645 Franklin St. Dundee, MI 48131 734-529-3535

West Ida Immanuel Lutheran Church

3879 Jackman Rd. Ida, MI 48140 734-269-2182

London Township Hall

13613 Tuttlehill Rd Milan, MI 48160 734-529-3535

God Works! Family Soup Kitchens

"All God Works meals are free of charge and available to anyone who is hungry. We begin serving at 6:00 PM, but the doors are usually open 30 min early and it's important for diners to arrive on time. As soon as everyone has been served, we offer the remaining food to those who would like more." www.gwsoupkitchen.com

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Solid Rock	St. Paul UM	Oaks of	First	St. Mary's	Salvation	Trinity
Monroe	Church	201 S. Monroe	Righteousness	Presbyterian	Church	Army	Lutheran
(City)	77 Wadsworth	734-241-8181	Victory Village	108 Washington	127 N.	815 E. First	323 Scott
	734-241-8181		924 E. Second	734-242-1545	Monroe	734-241-8181	734-242-2308
			734-241-8181		734-241-6097		
	St. Luke's	Bridgepoint	Mt. Carmel	Crossroads			
	Lutheran	Church	Church	Church			
South	1690 W Sterns	9875 Lewis	8330 Lewis	6960 Sylvania			
County	Temperance	Temperance	Temperance	Petersburg Rd			
	734-241-8181	734-241-8181	734-241-8181	Ottawa Lake			
				734-241-8181			
			First				
			Congregational				
North			Church of Christ				
County			26250 E. Huron				
			River Rd.				
			Flat Rock, MI				
			734-755-0196				
			St. John		St Joseph's		
West			Lutheran Church		8295 Van		
County			460 Riley St.		Aiken St. Ida,		
			Dundee		MI		
			734-529-3218		734-241-8181		

FOOD RESOURCES FOR SENIORS

Living Independence for Everyone – LIFE 2307 N. Monroe St.

Monroe, MI 48162

734-242-6800

http://www.lifeindependence.org/

- Serves hot meals at the following locations: Frenchtown Senior Center, River Park
 Apartments, Arthur Lesow Community Center, Bedford Senior Citizen Center, Water Tower
 Park Senior Center, Dundee Senior Center, and Sullivan Senior Center
- Suggested donation \$3, but no fee is required. Must be 60+. Call site for transportation.
- Home delivered meals (cold) are available also. This requires a doctor's written note

Monroe Center for Healthy Aging

15275 S. Dixie Hwy. Monroe, MI 48161

734-241-0404

http://www.monroectr.org/

 Monroe Center Café is open to the public and serves hot breakfast Monday-Saturday, lunch Monday-Friday, and dinner Monday, Wednesday, and Thursday, for ~\$6/meal



Housing Assistance

HOUSING ASSISTANCE

Housing Commission Offices

Bedford Township Housing Commission

734-847-3950

Ivor Lindsay Apartments

8745 Lewis Ave.

Temperance, MI 48182

- 97 units, 1-bedroom for 21 and older. Income based (must be on SSI or SSDI)
- Application preference is given to Bedford township residents

Dundee Housing Commission

734-529-2828

Rawson Place

501 Rawson St.

Dundee, MI 48131

- 75 units, 1- 2 bedroom for seniors 62+ and disabled folks. Income based.
- Application preference is given to Dundee residents

Luna Pier Housing Commission

734-848-2355

Lotus Manor

10885 Ellen Street

Luna Pier, MI 48157

- 101 units, 1- 4 bedroom for families, seniors, and disabled. Income based.
- Application preference given to Luna Pier residents, veterans, and people working in Luna Pier

Monroe Housing Commission

734-242-5880

http://monroehousing.org/

River Park Plaza

20 N. Roessler St.

Monroe, MI 48162

• 148 units, efficiency and 1 bedrooms for people 21 and older, but preference given to seniors 62+ and disabled. Income based.

Greenwood Townhomes

900 Greenwood Ave

Monroe, MI 48162

• 115 units, 2- 4 bedrooms for families. Income based

Michigan State Housing Development Authority (MSHDA)

https://www.michigan.gov/mshda/

313-456-3540 517-335-9885

Section 8 Housing Choice Voucher (HCV) 51

• This program provides low-income families with the ability to choose their own housing

• Applications are accepted on-line only at MSHDA's website. Check online to see if the waitlist is open for each county.

Section 8 Project-Based Voucher (PBV)

- This program provides low-income families rental assistance for specific housing units
- Check online for when the waitlist opens

Veterans Administration Supportive Housing (VASH)

- This program provides monthly rental assistance to qualified veterans.
- To apply, the veteran is required to participate in VA Case Management through one of the VA Medical Centers.

Senior Low-income/Income-based Housing Units

Frenchtown Place 1201 North Macomb St. Monroe, MI 48162 734-241-8500

Luther Haus 800 Smith Rd Temperance, MI 48182 734-847-4890 Woodcraft Square 800 West Seventh St. Monroe, MI 48162 734-242-8780

Mable H Kehres Apartments 15275 S. Dixie Hwy Monroe, MI 48161 734-241-6222 Carleton Co-Op 188 Center St. Carleton, MI 48117 734-654-0150

Norman Towers 810 W. Elm St. Monroe, MI 48162 734-243-0253

Adult and Family Low-Income/Income-based Housing Units

Carleton Apartments 325 Kent St. Carleton, MI 48117 734-654-8048 Samaritas Affordable Living 1600 Park Court A Monroe, MI 48162 734-243-5500 Charring Square 6123 Greenwycke Monroe, MI 48161 734-241-5420

Greenwycke Commons

6112 Greenwycke Blvd Monroe, MI 48161 734-242-0600

Monroe County Opportunity Program

1140 S. Telegraph Rd. Monroe, MI 48161

734-241-2775

MCOP Homebuyer Purchaser Rehab:

• Funding for down payment assistance and costs for repairs needed on the home.

MCOP Minor Home Repair:

• Roof, floor repairs, minor furnace repairs, doors. Applicant must be 55 or older.

MCOP Home Repair:

- Emergency Housing Rehab program for qualifying homeowners for one rehab project on their home. These can include:
 - o Roof, siding, gutter repair

- Windows and Insulation
- Porch repair
- 95% Efficient Furnace
- Energy Upgrades
- Handicap Accessibility
- Electric and Plumbing Repair.
- Up to \$40,000 available

Family Self Sufficiency Program (FSS)

- A 5 year program to help individuals/families become independent and self-sufficient with the ultimate goal of getting off public assistance and being able to save money to purchase a home.
- Must have a housing voucher to qualify for the program.

CDBG:

- •Provides loans for housing rehabilitation to bring homes up to building code standards and handicap accessibility.
- •The home must be located in Monroe County, excluding the city of Monroe
- •Will not provide this service to mobile homes.
- •Applicant must reside in the home and own the home or have a mortgage.
- •Household income may not exceed 80% of the area median household income.
- •Loans may be deferred or monthly payback dependent on income level and funding available.

MCOP Weatherization

- Weatherization and home energy assistance
- Households receiving this service can expect heating costs to be reduced 20-25%

MCOP Rental Assistance

 Can assist with up to 3 months of rent for qualified applicants. Must have late notice or eviction notice and proof of income to apply. Other requirements also apply. Call for details.

SHELTERS and HOMELESS RESOURCES

Philadelphia House I and II (Men's Shelter)

734-242-4266

119 E. Third St. 218 Washington St. Monroe, MI 48161

Paula's House 734-242-6650

• Transitional shelter for women recovering from substance abuse. Capacity is only 5 women. Recipients commit to 1 and up to 2 years.

Sunrise House (SAFE HOUSE)

734-242-7233

• Emergency Shelter for female victims of domestic violence and their children (17 years and under).

- Capacity is 24 people; overflow from Monroe County will be sheltered in hotels or sent to other shelters.
- Stay is 30-90 days depending on need/circumstance. Shelter averages 80% full.
- Services also available for victims not staying at the Shelter and male victims of domestic violence.

YWCA Domestic Violence Shelter

1018 Jefferson Ave.

Shelter: 419-241-7386 or 1-888-341-7386 Rape Crisis Line: 419-241-7273 or 1-866-557-7273

Toledo, Ohio 43624

- Emergency Shelter for victims of domestic violence.
- Also provides Rape Crisis Services 24 hours per day, 7 days per week. Call 419-241-7273 or 1-866-557-7273

The Salvation Army Manor House for Families

734-241-0440

815 E. First St.

Monroe, MI 48161

 Provides Emergency Shelter for families and 3 or 4 single women for a total of 40 people. Men with children are allowed. The stay is 90 days. Families must be married. No alcohol or substance abuse is tolerated.

Salvation Army Warming Center

734-241-0440

1018 E. 2nd St.

Monroe, MI 48161

• Hours: 8 p.m. until 8 a.m. when the temperature drops to 32 degrees or lower. Can support up to 30 people. Monroe county residents only.

Fairview Transitional Shelter for Disabled

734-240-3190

- Transitional shelter/group home for individuals who are disabled. Licensed Adult Family Care Home.
- 36 beds. Pt needs to call and complete an intake and assessment
- Disability is determined on a case-by-case basis. Pt does not need to be receiving SSDI/SSI
- Preference given to Monroe County residents
- RN on staff for medical oversight and medication dispensing.

Family Counseling and Shelter Services

734-241-0180

14930 LaPlaisance Rd. Suite 106

Monroe, MI 48161

• Domestic Violence Shelter

Oaks of Righteousness Christian Ministries Church

734-241-5590

1018 E. Second Street Monroe, MI 48161

HOME REPAIRS

Single Family Housing Repair Loans & Grants

United States Department of Agriculture (USDA) Findlay: 419-422-0242 7868 Co Rd. 140, Findlay Oh 45840

- Provides loans to low-income homeowners to repair, improve, or modernize
- Provides grants to elderly low-income individuals to remove health and safety hazards
- Single Family Housing Repair Loans & Grants
- Eligibility
 - Homeowner and occupy the house
 - o Obtain affordable credit elsewhere
 - o Family income below 50% of area median income
 - o FOR GRANTS: being aged 62 years of age or older and unable to repay a repair loan
- Maximum \$\$ afford
 - Loans: \$20,000Grants: \$7,500
 - o Loans and grants may be combined: \$27,500
- Terms of
 - o Loans:
 - Repaid over 20 years with a fixed rate at 1%
 - Full time service of \$7,500
 - Grants
 - Must be repaid of property is sold within 3 years



Legal Services

Monroe County

LEGAL SERVICES

Monroe County Senior Legal Services

734-241-7644

1126 S. Telegraph Rd. Monroe, MI 48161

http://www.lsscm.org

- Legal Services provided to Monroe residents, age 60+
- Legal Services include, but are not limited to: health insurance review, estate planning-family problems, Social Security or Supplemental Security Income, probate problems-housing problems, wills or amendments to wills, homestead property or home heating tax credits.
- Does not provide legal services for criminal, personal injury, or bankruptcy matters.
- There are no fees for legal services, but donations are accepted.
- Client must pay recording fees.

LEGAL SERVICES OF SOUTH CENTRAL MICHIGAN

734-241-8310 Main

1118 South Telegraph Road Suite A Monroe, MI 48161

http://www.lsscm.org

Legal Hotline for Michigan Seniors

1-800-347-5297

Medical & Dental Assistance

MEDICARE/MEDICAID/INSURANCE

Monroe County Department of Health and Human Services 903 S. Telegraph Rd, Suite A Monroe, MI 48161 734-243-7200 https://www.michigan.gov/mdhhs/

- Information and applications for healthcare coverage, including Medicaid. See two programs below:
- Healthy Kids: Provides free health insurance coverage for pregnant women and children ages 0-19, based on income guidelines. There is no cost. Apply online through MiBridges. The 2018 annual income limits for Healthy Kids is as follows (courtesy of www.nwhealth.org)

Pregnant Women and Children under age 1	Children age 1 to 18
\$23,673/year for 1 person	\$19,424/year for 1 person
\$32,097/year for family of 2	\$26,336/year for family of 2
\$40,521/year for family of 3	\$33,248/year for family of 3
\$48,945/year for family of 4	\$40,160/year for family of 4
\$57,369/year for family of 5	\$47,072/year for family of 5
\$65,793/year for family of 6	\$53,984/year for family of 6
\$74,217/year for family of 7	

MI Child: Health insurance coverage for uninsured children ages 0-19. Doctor visits, immunizations, prescriptions, dental, vision, and hospital care are all covered. The cost is \$10.00 per family per month. Apply online through MiBridges. Yearly family income limits as follows (2018):

\$25,737/year for 1 person \$34,895/year for family of 2 \$44,054/year for family of 3 \$53,212/year for family of 4 \$62,370/year for family of 5 \$71,529/year for family of 6 \$80,687/year for family of 7 \$89,846/year for family of 8 <u>Healthy Michigan Plan</u>* Health care coverage for Michigan residents age 19 – 64 years. Must meet the following criteria (<u>www.michigan.gov/healthymiplan</u>)

- Must be age 19-64 years and a resident of the State of Michigan
- Must not qualify for not enrolled in Medicare or any other Medicaid programs
- Monthly income limits for 2018:

Household Size	Adults 19 – 64 138% FPL	
1	\$1396.10	
2	\$1892.90	
3	\$2389.70	
4	\$2886.50	
5	\$3383.30	
6	\$3880.10	

Healthcare Marketplace

1-800-318-2596

www.healthcare.gov

- Government Subsidized Health Care Insurance
- Health Insurance for uninsured Americans with cost based on income.
- Eligibility Criteria:
 - Must live in the United States
 - Must be a U.S. citizen or national (or be lawfully present)
 - Cannot be incarcerated
 - Not eligible for Medicare
- Apply for Marketplace coverage:
 - o Online at: www.healthcare.gov/marketplace
 - o By phone: Call 1-800-318-2596 or TTY: 1-855-889-4325
- 2019 Open Enrollment: November 1, 2018 December 15, 2018.
- To apply outside of the open enrollment period, one must have a qualifying life event such as getting married, divorced, having a baby or adopting a child, losing job based insurance coverage. For a full list of qualifying life events, refer to the www.healthcare.gov website.
- You will not qualify for a Special Enrollment Period if:
 - You lose coverage because you didn't pay your premium.
 - o You voluntarily drop your coverage prior to the end of the plan year.

Michigan Benefit Enrollment Center

1-800-347-5297

Elder Law of Michigan

www.elderlawofmi.org

- Call to learn about programs that provide help with the following:
 - Prescription drugs
 - Nutrition/Food
 - Energy assistance
 - Medicare Premiums
 - Housing/Rent/Mortgage

- Home repairs
- Foreclosure prevention
- In-home services
- Tax relief
- Transportation

Area Agency on Aging 1-B

1-800-852-7795

Health Benefit Education Medicare/Medicaid Assistance Program (MMAP) 29100 Northwestern Hwy. Suite 400 Southfield, MI 48034

- Trained volunteers provide information and counseling on Medicare and Medicaid Issues
- Also addresses topics such as Medicare supplemental insurance, long term care insurance, Medicare Prescription Drug Benefit programs, and Medicare HMOs.

Senior Care Network

248-735-5900

21800 Haggerty Rd. Northville, MI 48167

 Provides information and referral including guidance on Medicare and Medicaid issues and many other resources for seniors.

MEDICATION ASSISTANCE

MEDICARE PART D DRUG PLAN

1-800-MEDICARE (1-800-633-4227) www.medicare.gov

- Medicare contracts with insurance companies to provide drug coverage through Part D
- Open enrollment for current Medicare beneficiaries: Oct 15th Dec 7th each year
- When enrolling, have your Medicare card and list of prescription medications/dosages with you

2018 Part D Plan Specifics:

- During the initial coverage phase, you pay a <u>co-payment</u> and your Part D drug plan pays its share for each covered drug until your combined amount (including your deductible) reaches \$3750.
- Once you and your Part D drug plan have spent \$3750 for covered drugs, you will be in the
 coverage gap, also called the "donut hole". For 2018, the copay for covered brand-name
 prescriptions is 35% of the cost; covered generics copays are 44% while in the "donut hole".
- When you spend more than \$5000 out-of-pocket, the coverage gap (donut hole) ends and your
 drug plan pays most of the costs of your covered drugs for the remainder of the year. You will
 then be responsible for a small copayment. This is known as catastrophic coverage.

MEDICARE PART D "EXTRA HELP" with Part D Prescription Drug Costs

- Medicare Part D recipients may qualify for lower drug co-pays and a reduced or waived Part D premium. The income and financial asset limits for **2018** are as follows:
 - o For single persons: annual income below \$18,090 and assets less than \$13,820
 - For a married couple: combined annual income less than \$24,360 and combined assets below \$27,600.
 - o There is no coverage gap (donut hole) with the Extra Help benefit.
- For **2018**, if you qualify for "Full Extra Help", costs for generics are no more than \$3.35 and brand name \$8.35.
- Apply on line at <u>www.socialsecurity.gov</u> or call the Area Office on Aging at 419-382-7060.
- **Note:** Applying for the "Extra Help" does not enroll a patient in the Medicare Drug Plan. Medicare recipients still have to enroll separately in a Part D plan.
- For assistance in enrolling in the MEDICARE PART D "EXTRA HELP" program, contact the Area Agency on Aging 1B at 1-800-852-7795

NOTE: applying for the "extra help" does not enroll a patient in the Medicare Drug Plan. Medicare recipients still have to enroll in a Part D plan.

MONROE COUNTY DEPT. OF HUMAN SERVICES

734-243-7200

903 S. Telegraph Rd.

Monroe, MI 48161

• Provides services including public assistance, food stamps, **Medicaid** for qualifying children and adults, social services and protective services for children and adults age 60 and older.

Emergency Financial Assistance for Medications

World Medical Relief (for un-insured)

313-866-5333

- Medications, **durable medical equipment**, and **medical supplies** provided for low income Michigan residents who are under-insured or have no insurance.
- As of 2016, the income limit for one is \$36,200; for 2: \$41,400
- For more information, go to www.worldmedicalrelief.org or call 313-866-5333.

Salvation Army

734-241-0440

815 E. 1st Street

Monroe, MI 48161

 May be able to provide one time financial assistance with prescription medications if funding is available.

St. Vincent DePaul Society (SVdP)

- May be able to provide one time financial assistance with prescription medications if funding is available.
- Contact the local Catholic Church to see if they have a SVdP chapter

Pharmaceutical Patient Assistance Programs

1-888-477-2669

• For low income individuals with no prescription coverage.

www.rxassist.org https://mi.pparx.org/ www.needymeds.org

MEDICAL and DENTAL CLINICS

Monroe County Health Department

734-240-7812

Clinic Services 2353 S. Custer Rd. Monroe, MI 48161

- Provides the following: Blood pressure checks, lice check and treatment, physician ordered injections, pregnancy tests, scabies check and treatment, TB skin testing and treatment.
- Walk in hours: Mon, Tues., Wed., and Fri. 9 11:30 a.m. and 1 4 p.m.
- There is a fee for services; may be waived if unable to pay.

Family Medical Center of Michigan, Inc.

- Accepts Medicare, Medicaid, and many other insurances.
- Sliding fee scale based on income for those without insurance.

LOCATIONS:

 8765 Lewis Ave.
 130 Medical Center Dr.

 Temperance, MI 48182
 Carleton, MI 48117

 734-847-3802
 734-654-2169

905 N. Macomb
Monroe, MI 48162
734-240-4851
1085 N Macomb
Monroe, MI 48162
734-240-4851

SERVICES

- Well & Sick Child Care
- Physical Exams for school and work
- Family Practice
- Obstetrics
- Radiology

- Dental Services (Temperance and Carleton)
- Behavioral Health
- Gynecology & Family Planning
- Laboratory & Testing

Monroe County Health Department

734-240-7825

Children's Dental Services 2353 S. Custer Rd. Monroe, MI 48161

• Dental Care to Medicaid eligible children under the age of 21.

Mobile Dentists 1-800-DENTIST



Transportation Assistance

Monroe County

TRANSPORTATION ASSISTANCE

Monroe County Department of Human Services

734-243-7200

903 S. Telegraph Rd.

Monroe, MI 48161

- Must be Medicaid eligible and have a chronic health problem which requires regularly scheduled appointments.
- Client must call their D.H.S. Case Worker for transportation approval.
- Must use Lake Erie Transit if available and if client is able to use public transportation.
- If not on Medicaid, contact D.H.S. to apply.
- D.H.S. contracts with MCOP to provide the transportation.

Monroe County Opportunity Program

734-241-2775

Specialized Transportation 1140 S. Telegraph Rd.

Monroe, MI 48161

- Must be a resident of Monroe, 60 or older or handicapped
- Wheelchair lift available
- Hours: Monday through Friday from 6 a.m. to 4:30 p.m.
- Cost: call for fee schedule
- If on Medicaid, must obtain approval from the D.H.S. caseworker.

Bedford Health Van

734-850-6045

1623 W. Sterns Rd.

Temperance, MI 48182

- Must be resident of Monroe County.
- Provides medical transportation for Monroe County.
- Will transport to anywhere in Monroe County and also to Toledo.
- Cost for seniors 60 yrs or older: \$35 round trip.
- Hours: Mon. through Fri. from 8 am 4:30 pm. Call for fee schedule.

Lake Erie Transit

734-242-6766

1105 W. Seventh St.

Monroe, MI 481612

- Public Transportation busses; equipped with wheelchair lifts.
- 8 Fixed Bus routes in the city of Monroe.
- Monday through Friday from 6:55 a.m. to 5:35 p.m.
- Saturdays from 9:35 a.m. to 4:15 p.m. No Sunday or holiday service
- ETS Essential Transportation Service available for seniors and handicapped persons. Door to Door available: call one day ahead

Lake Erie Transit - Bedford Dial-A-Ride

1-888-664-5984

- Public transportation within and around Bedford Twp.
- Call at least one hour ahead
- Handicap equipped; door to door service for seniors and the disabled.
- Also transports to Miracle Mile and Westfield Franklin Park Mall two times per day.

Milan Seniors for Healthy Living Transportation

734-508-6229

- MSHL provides transportation to anyone 50+ years of age, living within the 48160 zip code
- Destinations can be within a 20 mile radius of Milan, for a nominal fare. All of MSHL transportation vehicles are wheelchair accessible.
- Rides available on Monday through Friday from 8:00am until 3:00pm and can be scheduled, with at least one business day advance notice
- We do allow for standing appointments.

Handicap Parking Placard Applications

1-888-767-6424

Michigan Secretary of State Office

A disability parking placard may be obtained from any Secretary of State branch. The
handicap parking placard application must be completed by the applicant and a physician,
optometrist, physician's assistant, or nurse practitioner. Branch offices will not accept
photocopies of completed applications, however blank application forms may be
photocopied. There is no fee for an original placard.

Monroe Branch Office 1107 Telegraph Rd. Monroe, MI 48161

Temperance Branch Office 7200 Lewis Ave Temperance, MI 48182

Angel Wheels

https://angelwheels.org/#contactus

A financial need-based program that provides ground travel assistance to medical appointments over 50 miles away in the form of gas cards, bus and train tickets. Assistance is offered nation-wide, and you can find more information about our program on our website.

- If you believe you may qualify, please apply online at http://angelwheels.org and click
 "Request a Trip." We do require a minimum of 10 business days and verification of
 appointment and financial need. Assistance is based on resource availability. We do not
 provide rides or ground travel assistance for trips over 300 miles one way. Funding is very
 limited, so not every request is approved.
- If you need air travel assistance, please apply online at http://mercymedical.org/requestassistance/



Safety Services

Monroe County

SAFETY SERVICES

National Domestic Violence Hotline

800-799-7233 www.thehotline.org

Sunrise House (SAFE HOUSE)

734-242-7233 (24-hour line)

Family Counseling Shelter Services

http://www.fcssmc.org/sunrisehouse.php

- Emergency Shelter for female victims of domestic violence and their children (under age 17).
- Capacity is 24 people, overflow from Monroe County will be sheltered in hotels or sent to other shelters. Stay is 30 to 90 days depending on need and circumstance. Shelter averages 80% full.
- Services include: food and clothing, case management, legal services, support groups and counseling, job training/employment
- Family Counseling Shelter Services off Batterer Intervention Programs

YWCA Domestic Violence Shelter

Shelter: 419-241-7386 or 1-888-341-7386 Rape Crisis Line: 419-241-7273 or 1-866-557-7273

1018 Jefferson Ave.

Toledo, Ohio 43624

- Emergency Shelter for victims of domestic violence.
- Rape Crisis Services 24 hours/day, 7 days per week. Call 419-241-7273 or 1-866-557-7273

COUNTY PROTECTIVE SERVICES

Child and Adult Protective Services

Monroe County Department of Human Services

1-855-444-3911 (Centralized Intake)

903 S. Telegraph Rd.

Monroe, MI 48161

• Investigates reports of abuse, neglect, and exploitation of children and older adults (age 60 and older) and provides protective services for this population.

Long-Term Care Ombudsman

313-924-7860 Adult

Well-Being Services

1-866-485-9393

1423 Field Ave. Detroit, Michigan 48214

www.awbs.org

- Investigates nursing home and long term care facility complaints filed by patients and families.
- Provides support, advocacy, community education and support assistance to family members and residents of long-term care facilities.

Vulnerable Adult Abuse and Exploitation Helpline

800-996-6228

• This 24/7 statewide service provides crisis counseling and information & referral services. Helpline counselor will connect caller to local APS office to make a report, if appropriate.

Neighborhood Legal Services of Michigan Elder Law & Advocacy Center

313-937-8291

12121 Hemingway Redford, MI 48239

• Services include the provision of public education, outreach, and referral with respect to the prevention of abuse, neglect, and exploitation of older individuals.

CONSUMER SAFETY

The Better Business Bureau

1-800-743-4222

of NW Ohio and SE Michigan

419-578-6001

Integrity Place 7668 Kings Pointe Rd. Toledo, Ohio 43617

www.toledo.bbb.org

• Keeps records of complaints against businesses.

REASSURANCE CALLS/FRIENDLY VISITORS:

Faith in Action for Monroe County

734-243-2233

6724 N. Monroe St. Monroe, MI 48162

• Volunteers provide telephone calls and friendly visits to low income seniors, 60+ in Monroe County.

Utility and Rent Assistance

RENT/MORTGAGE ASSISTANCE

Monroe County Opportunity Program Emergency Housing Services

734-241-2775

1140 s. Telegraph Rd.

Monroe, MI 48161

- Assists low income families and individuals with one month rent if faced with eviction notice.
- Emergency utility assistance also available.
- Call ahead to see if funding is available.

Monroe County Opportunity Program Homebuyer Purchaser Rehab:

734-241-2775

- Funding for down payment assistance and costs for repairs needed on the home.
- Call for eligibility criteria

The Salvation Army

734-241-0440

815 E. First St.

Monroe, MI 48161

 Provides Emergency Food. Shelter, utility assistance, rent, clothing, and medical prescriptions when funding is available.

Michigan Department of Health and Human Services 734-243-7200

903 South Telegraph Rd. STE A

Monroe, MI

Emergency support is designed to maintain low-income households that are normally able to make ends meet but occasionally need help when unexpected emergency situations arise. If you need help with rent, rent arrearage, security deposits or moving expenses, and one of the following circumstances exists for your household, you may be eligible for relocation assistance.

- Homeless, living in a shelter, a car, or on the street.
- Living temporarily with other persons following a fire or natural disaster that occurred not more than 60 days before the date the group files an application for emergency relief.
- Living with other persons to escape a domestic violence situation.
- A court summons or judgment was issued which will result in the family group becoming homeless.
- Your family group needs adequate housing to avoid a foster care placement or before a child(ren) can return home from foster care.

St. Vincent DePaul Society (SVdP)

- May be able to provide one time financial assistance with rent or mortgage payment when funding is available.
- Contact the local Catholic Church to see if they have a SVdP chapter

UTILITY AND WEATHERIZATION ASSISTANCE

Monroe County Department of Human Services State Emergency Needs Heat Program

734-243-7200

903 S. Telegraph Rd.

Monroe, MI 48161

- Emergency utility assistance provided to prevent shut off of service (heat or electric)
- Must meet household income guidelines.
- Must first apply for this program and be denied before applying for the MCOP or the Salvation Army Fuel & Utility Program (see below).

Monroe County Opportunity Program

734-241-2775

Gas & Electrical Assistance

1140 S. Telegraph Rd.

Monroe, MI 48161

- This program has limited funding but will assist with large balances on bills.
- To qualify for this service you must have a decision notice from DHS.
- Please contact MCOP ext. 224 for more information.

Salvation Army 734-241-0440

Fuel & Utility Program 815 E. 1st Street Monroe, MI 48161

Provides emergency fuel and utility bill payment when funds are available.

- Client must apply for State Emergency Relief first at Monroe Dept. of Human Services.
- Call the above number and ask for the Emergency Services Dept.

St. Vincent DePaul Society (SVdP)

- May be able to provide one time financial assistance with rent or mortgage payment when funding is available.
- Contact the local Catholic Church to see if they have a SVdP chapter

Monroe County Opportunity Program

734-241-2775

Weatherization 1140 S. Telegraph Rd.

Monroe, MI 48161

- Conducts an energy audit of the home, apartment, or mobile home
- Can provide water heater wrap, attic, wall, and crawl space insulation, low flow shower heads, door and window corrections, filling gaps, holes, cracks; provides furnace cleaning and tune up; storm windows and clock thermostats.
- Must be a Monroe County resident and meet 150% poverty level.

Monroe County Opportunity Program Tax Assistance

734-241-2775

1140 S. Telegraph Rd.

Monroe, MI 48161

- Assistance offered to apply for the Homestead tax credit and the Home Heating tax credit
- Eligibility: Any senior citizen age 60 or older.
- Call the Resource Advocacy Dept at MCOP to schedule an appointment.

The Lifeline and Link Up Telephone Assistance programs

1-888-641-8722

www.fcc.gov/lifeline

- Low income households may apply for one program:
 - Monthly discount on basic local landline phone service, waiver of installation and deposit fees; optional toll blocking and 900/976 blocking at no additional charge

OR

- Free Wireless phone service
- Eligibility: household income must be at or below 150% of the federal poverty level or participate in public or state assistance programs including Medicaid, Food Stamps, SSI, Section 8 Housing, HEAP, TANF, or the National School Lunch Program's Free Lunch.
- Call your telephone service provider to apply or call USAC 1-888-641-8722 for more information

Access from AT&T

Discounted Internet

www.att.com/access 855-220-5211 English 855-220-5225 Spanish

- Low cost home internet for households who participate in SNAP Supplemental Nutritional Assistance Program (Foodstamps).
- Must not have any outstanding debt for AT&T fixed internet service within the prior 6 months nor any unpaid debt with this program (Access).
- No contract, No deposit, No installation fee
- Plans from \$5 10 per month depending on desired internet speed.
- Service not available in all geographic areas. Check on line for more information. 5/17



Child Care Assistance

Monroe County

CHILD CARE ASSISTANCE

State of Michigan Child Care Assistance Program

https://www.michigan.gov/mdhhs/0,5885,7-339-71547 73804---,00.html https://www.michigan.gov/

- Families may be eligible for financial assistance for child care costs through The Child Development and Care (CDC) Program when the parent cannot provide child care because of:
 - Employment

- Approved activity
- High school completion
- Family preservation
- To determine if your situation meets one of the above categories, refer to the above websites
- Co-pays may apply. The following income eligibility and family co-pay (FC) table was obtained from www.michigan.gov:

	Family Contribution (FC) Based on Income Eligibility						
Family Size	Maximum Monthly Gross Income						
		Entry					Exit
1	\$1,005	\$1,307	\$1,628	\$1,949	\$2,271	\$2,592	\$2,913
2	\$1,353	\$1,759	\$2,169	\$2,579	\$2,989	\$3,399	\$3,809
3	\$1,702	\$2,213	\$2,711	\$3,210	\$3,708	\$4,207	\$4,705
4	\$2,050	\$2,665	\$3,252	\$3,839	\$4,427	\$5,014	\$5,601
5	\$2,398	\$3,117	\$3,793	\$4,469	\$5,145	\$5,821	\$6,497
6	\$2,747	\$3,571	\$4,336	\$5,100	\$5,865	\$6,629	\$7,394
7	\$3,095	\$4,024	\$4,732	\$5,439	\$6,147	\$6,854	\$7,562
8	\$3,443	\$4,476	\$5,127	\$5,778	\$6,428	\$7,079	\$7,730
9	\$3,791	\$4,928	\$5,522	\$6,116	\$6,710	\$7,304	\$7,898
10	\$4,139	\$5,381	\$5,918	\$6,455	\$6,992	\$7,529	\$8,066
FC (Per child per pay period)	\$0	\$15	\$30	\$45	\$60	\$75	\$90
FC Limit (per family per pay period)	N/A	\$45	\$83	\$121	\$159	\$197	\$235



Educational Assistance

Monroe County

EDUCATIONAL ASSISTANCE

GED PROGRAMS

MONROE PUBLIC SCHOOLS - ADULT EDUCATION CENTER

(734) 265-4200

Orchard Center High School 1102 East First Street Monroe, MI 48161

- Adult Education Programming provides High School Completion, Adult Basic Education, **GED Preparation**, and English as a Second Language classes.
- Classes are free to adult Michigan residents who are at least age 20 by September 1 of the school year.

The Learning Bank (734) 265-4200

1102 East First Street Monroe, Michigan 48161

- Provides free GED Classes
- Child care provided for your children between infancy and 4 years of age for the period of time you are in class.
- Scholarships available to attend Monroe County Community College.
- For more information: http://www.monroe.k12.mi.us/TLB/5750-Untitled.html

PELL GRANTS

The below excerpt was taken from: <u>Federal Student Aid, An Office of the US Department of Education https://studentaid.ed.gov</u>

Federal Pell Grants usually are awarded only to undergraduate students who display exceptional financial need and have not earned a bachelor's, graduate, or professional degree.

A Federal Pell Grant, unlike a loan, does not have to be repaid, except under certain circumstances.

How do I apply?

You should start by submitting a Free Application for Federal Student Aid (FAFSA®) form. You will have to fill out the FAFSA form every year you're in school in order to stay eligible for federal student aid.

HIGHER EDUCATION

Monroe County Community College

(734) 242-7300

1555 S Raisinville Rd https://www.monroeccc.edu/ Monroe, MI 48161

- Scholarships, grants, loans, and employment opportunities are available to help pay for tuition.
- Approximately half of all MCCC students receive financial assistance.

The University of Toledo

1-800-586-5336

2801 W. Bancroft

www.utoledo.edu

Toledo, OH 43606

- More than 230 majors and degree programs offered, including associates, bachelor, masters, and Ph.D
- Financial Aid available.



Employment & Financial Management

EMPLOYMENT ASSISTANCE

MICHIGAN WORKS! - MONROE COUNTY EMPLOYMENT AND TRAINING DEPARTMENT 1531 N. Telegraph Rd, Suite D 734-240-7950 (Main)

Monroe, MI 48162

734-240-7300 https://www.co.monroe.mi.us/

 Programs include Workforce Innovation and Opportunity Act; Partnership, Accountability, Training, Hope Program (PATH), Community Corrections Program, and Food stamp employment and training program

- Services include career development resources, career assessment and counseling, career tracks and job readiness workshops
- Resource Center provides free fax, copy, and postal services for job-related activities. Computers are also available for resumes and job searching

GOODWILL INDUSTRIES OF SOUTHEASTERN MICHIGAN-MONROE TRAINING CENTER

251 North Telegraph Monroe, MI 48161 (734) 457-5355 Main http://www.goodwillsemi.org/

• Provides skills training, job readiness programs, professional job coaching, and community based work experiences to individuals with disabilities.

Job Boards/Listings

<u>www.careerbuilder.com</u> <u>www.monster.com</u>

www.ohiomeansjobs.com www.indeed.com

<u>www.snagajob.com</u> <u>www.jobsonline.net</u> <u>www.simplyhired.com</u>

Government Jobs

State of Michigan www.governmentjobs.com/careers/michigan

USA Jobs www.usajobs.gov

Veteran Administration Jobs <u>www.va.gov/jobs</u>

County Job Postings

www.co.monroe.mi.us/officials_and_departments/departments/human_resources/jobs.php

Monroe County Opportunity Program – MCOP

734-241-2775

1140 S. Telegraph Rd.

Monroe, MI 48161

- Assists low to moderate income families and individuals.
- Offers gas and electric bill assistance, foreclosure counseling, help with rent, home repairs, and weatherization assistance programs

FINANCIAL MANAGEMENT

FINANCIAL OPPORTUNITY CENTER

567-585-0059

THE PROMEDICA EBEID INSTITUTE 1806 Madison Ave.

Toledo, OH 43604

• Provides financial coaching and counseling services focused on employment, budgeting, savings, debt resolution, credit repair and long-term financial goal achievement.

GreenPath Debt Solutions

734-457-0370

102 E. Front St. Monroe, MI 48161

> Provides consumer credit counseling services, including Mortgage default, foreclosure prevention, mediation, and delinquency housing counseling. Home equity loan housing counseling.

2020 Poverty Guidelines

Annual

Family Size	100%	125%	133%	135%	150%	200%
1	\$12,760	\$15,950	\$16,971	\$17,226	\$19,140	\$25,520
2	\$17,240	\$21,550	\$22,929	\$23,274	\$25,860	\$34,480
3	\$21,720	\$27,150	\$28,888	\$29,322	\$32,580	\$43,440
4	\$26,200	\$32,750	\$34,846	\$35,370	\$39,300	\$52,400
5	\$30,680	\$38,350	\$40,804	\$41,418	\$46,020	\$61,360
6	\$35,160	\$43,950	\$46,763	\$47,466	\$52,740	\$70,320
7	\$39,640	\$49,550	\$52,721	\$53,514	\$59,460	\$79,280
8	\$44,120	\$55,150	\$58,680	\$59,562	\$66,180	\$88,240

Monthly

Family Size	100%	125%	133%	135%	150%	200%
1	\$1,063	\$1,329	\$1,414	\$1,436	\$1,595	\$2,127
2	\$1,437	\$1,796	\$1,911	\$1,940	\$2,155	\$2,873
3	\$1,810	\$2,263	\$2,407	\$2,444	\$2,715	\$3,620
4	\$2,183	\$2,729	\$2,903	\$2,948	\$3,275	\$4,367
5	\$2 <i>,</i> 557	\$3,196	\$3,401	\$3,452	\$3,835	\$5,113
6	\$2,930	\$3,663	\$3,897	\$3,956	\$4,395	\$5,860
7	\$3,303	\$4,129	\$4,393	\$4,460	\$4,955	\$6,607
8	\$3,677	\$4,596	\$4,890	\$4,964	\$5,515	\$7,353



Substance Abuse

Monroe County

SUBSTANCE ABUSE: ALCOHOL AND DRUG TREATMENT

Alcoholics Anonymous 734-240-4844

Al-Anon and Al-A-Teen 1-888-425-2666

Cocaine Anonymous 419-385-9000

Narcotics Anonymous www.naohio.org 1-818-773-9999 Ext. 771

The Salvation Army Harbor Light Center

3250 N. Monroe St., Suite 309

Monroe, MI 48161

- An outpatient treatment program as a follow up to clients who are assessed as able to
 maintain abstinence from drugs/alcohol in a less restrictive environment and with a support
 system. Individual therapy sessions as well as group therapy on average one time per week.
- Must be 17 years or older. Accepts most insurance and Medicaid. Call for details.

Meridian Health Services - Monroe Office

248-406-0104

734-384-3402

23 E. Front St.

www.meridian-hs.org/

Monroe, MI 48162

- Provides outpatient substance use disorder treatment that includes individual, group, and family therapy sessions.
- Must be 17 years or older. Accepts LifeSynch, Meridian Health Plan, Value Options, and self-pay.

Harbor Behavioral Healthcare

419-475-4449 www.harbor.org

Main Office - Lucas County 4334 Secor Rd

Toledo, OH 43623

From the www.Harbor.org website:

- Harbor's Alcohol and Other Drug (AOD) Treatment programs use evidence-based practices to treat both the substance use problem and the mental illness at the same time.
- AOD treatment starts with an assessment to determine the person's individual treatment needs. Services Include:
 - Intensive Outpatient Treatment
 - Non-Intensive Outpatient Services
 - Individual, group, and family counseling
 - Group and Family Counseling
 - Case Management
 - Urinalysis
 - Medication Assisted Treatment

Reformers Unanimous

734-558-3590

www.rurecovery.com/

Calvary Baptist Church School 318 Riley St.

Dundee, MI 48131

 Provides faith-based Christ Centered addictions program and support. Program uses a spiritual approach to develop lifelong sobriety. Walk in meetings during service hours on Friday 6:30-8:30pm. Individual counseling is available and emergency assistance is available. No fees.



Furniture, Appliances & Clothing

FURNITURE, APPLIANCES & CLOTHING

Michigan Department of Health and Human Services

734-243-7200

903 South Telegraph Rd. STE A

Monroe, MI

- Emergency support is designed to maintain low-income households that are normally able to make ends meet but occasionally need help when unexpected emergency situations arise.
- Provides financial assistance for burial/cremation, household goods and extermination services on a case by case basis.
- Apply through the DHHS and State Emergency Relief application.

Goodwill Industries of Southeastern Michigan

7300 Secor Rd. 255 N. Telegraph Rd. Deer Creek Commons Monroe, MI 48161 Lambertville, MI 48144 734-457-3447

734-856-5373

- Provides used clothing to individuals and families with emergency needs. Call for more information.
- Also provides gently used clothing and household goods are a reasonable price.
- Open Monday Saturday 9am 8pm; Sunday 12 6pm.

Thrift Shop Association of Monroe

734-242-1082

119 Monroe St. Monroe, MI 48161

- Sells secondhand clothing at lower than retail prices. Available to Monroe County residents with referral from agency, church, or school.
- Open Monday, Wednesday Saturday 10am 2pm; Tuesday 10am 1pm.

Damascus House 734-242-8136

212 Smith St.

Monroe, MI 48161

- Provides three separate outfits of clothing to those in need. Available clothing is based on donations.
- Also sells clothing, furniture, jewelry, maternity clothes, baby items and other household items are below market prices.
- Open Tuesday Friday 9am 4pm.

Helping Hands Thrift Store

517-266-7002

795 Division St.

www.helpinghandsthriftstore.org

Adrian, MI 49221

- Furniture, beds, mattresses, home and holiday décor, and kitchen wares.
- Store hours: Monday Friday 9am-5pm; Saturday 10am-4pm

2020 Poverty Guidelines

for the 48 Contiguous States and the District of Columbia

2020 Poverty Guidelines for the 48 Contiguous States and the District of Columbia*				
1	\$12,760			
2	16,240			
3	21,720			
4	26,200			
5	30,680			
6	35,160			
7	39,640			
8	44,120			
For families/households with more than 8 persons, add \$4,480 for each additional person.				

Source: https://aspe.hhs.gov/poverty-guidelines